

**SchaatsStatistieken.nl - de schaats historie in cijfers**  
 Meeschrijfschema 10000 meter (rondetijd 32)

Plaats:  
Datum:

	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	5200	5600	6000	6400	6800	7200	7600	8000	8400	8800	9200	9600	10000		
0:49																											
0:48	1:20	1:52	2:24	2:56	3:28	4:00	4:32	5:04	5:36	6:08	6:40	7:12	7:44	8:16	8:48	9:20	9:52	10:24	10:56	11:28	12:00	12:32	13:04	13:36			
0:47																											
0:46	1:18	1:50	2:22	2:54	3:26	3:58	4:30	5:02	5:34	6:06	6:38	7:10	7:42	8:14	8:46	9:18	9:50	10:22	10:54	11:26	11:58	12:30	13:02	13:34			
0:45																											
0:44	1:16	1:48	2:20	2:52	3:24	3:56	4:28	5:00	5:32	6:04	6:36	7:08	7:40	8:12	8:44	9:16	9:48	10:20	10:52	11:24	11:56	12:28	13:00	13:32			
0:43																											
0:42	1:14	1:46	2:18	2:50	3:22	3:54	4:26	4:58	5:30	6:02	6:34	7:06	7:38	8:10	8:42	9:14	9:46	10:18	10:50	11:22	11:54	12:26	12:58	13:30			
0:41																											
0:40	1:12	1:44	2:16	2:48	3:20	3:52	4:24	4:56	5:28	6:00	6:32	7:04	7:36	8:08	8:40	9:12	9:44	10:16	10:48	11:20	11:52	12:24	12:56	13:28			
0:39																											
0:38	1:10	1:42	2:14	2:46	3:18	3:50	4:22	4:54	5:26	5:58	6:30	7:02	7:34	8:06	8:38	9:10	9:42	10:14	10:46	11:18	11:50	12:22	12:54	13:26			
0:37																											
0:36	1:08	1:40	2:12	2:44	3:16	3:48	4:20	4:52	5:24	5:56	6:28	7:00	7:32	8:04	8:36	9:08	9:40	10:12	10:44	11:16	11:48	12:20	12:52	13:24			
0:35																											
0:34	1:06	1:38	2:10	2:42	3:14	3:46	4:18	4:50	5:22	5:54	6:26	6:58	7:30	8:02	8:34	9:06	9:38	10:10	10:42	11:14	11:46	12:18	12:50	13:22			
0:33																											
0:32	1:04	1:36	2:08	2:40	3:12	3:44	4:16	4:48	5:20	5:52	6:24	6:56	7:28	8:00	8:32	9:04	9:36	10:08	10:40	11:12	11:44	12:16	12:48	13:20			
0:31																											
0:30	1:02	1:34	2:06	2:38	3:10	3:42	4:14	4:46	5:18	5:50	6:22	6:54	7:26	7:58	8:30	9:02	9:34	10:06	10:38	11:10	11:42	12:14	12:46	13:18			
0:29																											
0:28	1:00	1:32	2:04	2:36	3:08	3:40	4:12	4:44	5:16	5:48	6:20	6:52	7:24	7:56	8:28	9:00	9:32	10:04	10:36	11:08	11:40	12:12	12:44	13:16			
0:27																											
0:26	0:58	1:30	2:02	2:34	3:06	3:38	4:10	4:42	5:14	5:46	6:18	6:50	7:22	7:54	8:26	8:58	9:30	10:02	10:34	11:06	11:38	12:10	12:42	13:14			
0:25																											
0:24	0:56	1:28	2:00	2:32	3:04	3:36	4:08	4:40	5:12	5:44	6:16	6:48	7:20	7:52	8:24	8:56	9:28	10:00	10:32	11:04	11:36	12:08	12:40	13:12			
0:23																											
0:22	0:54	1:26	1:58	2:30	3:02	3:34	4:06	4:38	5:10	5:42	6:14	6:46	7:18	7:50	8:22	8:54	9:26	9:58	10:30	11:02	11:34	12:06	12:38	13:10			
0:21																											
0:20	0:52	1:24	1:56	2:28	3:00	3:32	4:04	4:36	5:08	5:40	6:12	6:44	7:16	7:48	8:20	8:52	9:24	9:56	10:28	11:00	11:32	12:04	12:36	13:08			
0:19																											
0:18	0:50	1:22	1:54	2:26	2:58	3:30	4:02	4:34	5:06	5:38	6:10	6:42	7:14	7:46	8:18	8:50	9:22	9:54	10:26	10:58	11:30	12:02	12:34	13:06			
0:17																											
0:16	0:48	1:20	1:52	2:24	2:56	3:28	4:00	4:32	5:04	5:36	6:08	6:40	7:12	7:44	8:16	8:48	9:20	9:52	10:24	10:56	11:28	12:00	12:32	13:04			
0:15																											
0:14	0:46	1:18	1:50	2:22	2:54	3:26	3:58	4:30	5:02	5:34	6:06	6:38	7:10	7:42	8:14	8:46	9:18	9:50	10:22	10:54	11:26	11:58	12:30	13:02			
0:13																											
0:12	0:44	1:16	1:48	2:20	2:52	3:24	3:56	4:28	5:00	5:32	6:04	6:36	7:08	7:40	8:12	8:44	9:16	9:48	10:20	10:52	11:24	11:56	12:28	13:00			
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