

	400	800	1200	1600	2000	2400	2800	3200	3600	4000	4400	4800	5200	5600	6000	6400	6800	7200	7600	8000	8400	8800	9200	9600	10000
0:53																									
0:52	1:23	1:54	2:25	2:56	3:27	3:58	4:29	5:00	5:31	6:02	6:33	7:04	7:35	8:06	8:37	9:08	9:39	10:10	10:41	11:12	11:43	12:14	12:45	13:16	
0:51																									
0:50	1:21	1:52	2:23	2:54	3:25	3:56	4:27	4:58	5:29	6:00	6:31	7:02	7:33	8:04	8:35	9:06	9:37	10:08	10:39	11:10	11:41	12:12	12:43	13:14	
0:49																									
0:48	1:19	1:50	2:21	2:52	3:23	3:54	4:25	4:56	5:27	5:58	6:29	7:00	7:31	8:02	8:33	9:04	9:35	10:06	10:37	11:08	11:39	12:10	12:41	13:12	
0:47																									
0:46	1:17	1:48	2:19	2:50	3:21	3:52	4:23	4:54	5:25	5:56	6:27	6:58	7:29	8:00	8:31	9:02	9:33	10:04	10:35	11:06	11:37	12:08	12:39	13:10	
0:45																									
0:44	1:15	1:46	2:17	2:48	3:19	3:50	4:21	4:52	5:23	5:54	6:25	6:56	7:27	7:58	8:29	9:00	9:31	10:02	10:33	11:04	11:35	12:06	12:37	13:08	
0:43																									
0:42	1:13	1:44	2:15	2:46	3:17	3:48	4:19	4:50	5:21	5:52	6:23	6:54	7:25	7:56	8:27	8:58	9:29	10:00	10:31	11:02	11:33	12:04	12:35	13:06	
0:41																									
0:40	1:11	1:42	2:13	2:44	3:15	3:46	4:17	4:48	5:19	5:50	6:21	6:52	7:23	7:54	8:25	8:56	9:27	9:58	10:29	11:00	11:31	12:02	12:33	13:04	
0:39																									
0:38	1:09	1:40	2:11	2:42	3:13	3:44	4:15	4:46	5:17	5:48	6:19	6:50	7:21	7:52	8:23	8:54	9:25	9:56	10:27	10:58	11:29	12:00	12:31	13:02	
0:37																									
0:36	1:07	1:38	2:09	2:40	3:11	3:42	4:13	4:44	5:15	5:46	6:17	6:48	7:19	7:50	8:21	8:52	9:23	9:54	10:25	10:56	11:27	11:58	12:29	13:00	
0:35																									
0:34	1:05	1:36	2:07	2:38	3:09	3:40	4:11	4:42	5:13	5:44	6:15	6:46	7:17	7:48	8:19	8:50	9:21	9:52	10:23	10:54	11:25	11:56	12:27	12:58	
0:33																									
0:32	1:03	1:34	2:05	2:36	3:07	3:38	4:09	4:40	5:11	5:42	6:13	6:44	7:15	7:46	8:17	8:48	9:19	9:50	10:21	10:52	11:23	11:54	12:25	12:56	
0:31																									
0:30	1:01	1:32	2:03	2:34	3:05	3:36	4:07	4:38	5:09	5:40	6:11	6:42	7:13	7:44	8:15	8:46	9:17	9:48	10:19	10:50	11:21	11:52	12:23	12:54	
0:29																									
0:28	0:59	1:30	2:01	2:32	3:03	3:34	4:05	4:36	5:07	5:38	6:09	6:40	7:11	7:42	8:13	8:44	9:15	9:46	10:17	10:48	11:19	11:50	12:21	12:52	
0:27																									
0:26	0:57	1:28	1:59	2:30	3:01	3:32	4:03	4:34	5:05	5:36	6:07	6:38	7:09	7:40	8:11	8:42	9:13	9:44	10:15	10:46	11:17	11:48	12:19	12:50	
0:25																									
0:24	0:55	1:26	1:57	2:28	2:59	3:30	4:01	4:32	5:03	5:34	6:05	6:36	7:07	7:38	8:09	8:40	9:11	9:42	10:13	10:44	11:15	11:46	12:17	12:48	
0:23																									
0:22	0:53	1:24	1:55	2:26	2:57	3:28	3:59	4:30	5:01	5:32	6:03	6:34	7:05	7:36	8:07	8:38	9:09	9:40	10:11	10:42	11:13	11:44	12:15	12:46	
0:21																									
0:20	0:51	1:22	1:53	2:24	2:55	3:26	3:57	4:28	4:59	5:30	6:01	6:32	7:03	7:34	8:05	8:36	9:07	9:38	10:09	10:40	11:11	11:42	12:13	12:44	
0:19																									
0:18	0:49	1:20	1:51	2:22	2:53	3:24	3:55	4:26	4:57	5:28	5:59	6:30	7:01	7:32	8:03	8:34	9:05	9:36	10:07	10:38	11:09	11:40	12:11	12:42	
0:17																									
0:16	0:47	1:18	1:49	2:20	2:51	3:22	3:53	4:24	4:55	5:26	5:57	6:28	6:59	7:30	8:01	8:32	9:03	9:34	10:05	10:36	11:07	11:38	12:09	12:40	
0:15																									
0:14	0:45	1:16	1:47	2:18	2:49	3:20	3:51	4:22	4:53	5:24	5:55	6:26	6:57	7:28	7:59	8:30	9:01	9:32	10:03	10:34	11:05	11:36	12:07	12:38	

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Nils van der Poel